

Dr. Mark Loves to Tackle Controversies and Bust Myths!



Controversy: Regardless of who “wins” the healthcare debate, our healthcare system won’t improve.



Controversy: Healthcare today is NOT based on science..



Myth: Germs cause disease.



Myth: Increased human life expectancy is due to modern medical advances.



Bad advice: “Always consult your physician before starting a new exercise program.”



Startling revelation: Keeping kids too clean leads to poorer health!